

Area Agency on Aging Region X Menu Plan

Jun-26

Monday	Tuesday	Wednesday	Thursday	Friday
1st Cheeseburger w/ Bun Lettuce, Tomato, Onion, Pickle Potato Wedges Broccoli Salad Apple Salad Coffee/Tea/Milk	2nd Baked Ham Sweet Potatoes Green Bean Casserole Wheat Roll Cinnamon Rolls Coffee/Tea/Milk	3rd Taco Salad meat cheese beans Lettuce & Tomatoes Pineapple Tostitos Pudding Coffee/Tea/Milk	4th Chicken Salad w/ Celery & Onion on Sliced Wheat Bread CucumberTomato and Onion Salad Potato Salad Jello Fluff Coffee/Tea/Milk	5th Spaghetti w/ Meat Sauce Dark Green Leafy Salad Mixed Fruit Garlic Rolls Mixed Fruit Coffee/Tea/Milk
8th Cooks Choice Coffee/Tea/Milk	9th Tater Tot Casserole Corn Dark Green Leafy Salad Rosie Applesauce Garlic Roll Coffee/Tea/Milk	10th Chef Salad w/ Egg Cheese Tomatoes Cucumber Onion 1/2 Ham Sandwich on wheat bread Tropical Fruit Spiced Pineapple Coffee/Tea/Milk	11th Filipino Hamonado Pineapple Chicken Stew Served on White Rice Oriental Vegetables Wheat Roll Cake w Fruit Coffee/Tea/Milk	12th Hot Dog w/ chili & cheese French Fries Coleslaw Grape Juice Tropical Fruit Coffee/Tea/Milk
15th Chicken Pot Pie Mixed Vegetables Harvard Beets Wheat Roll Pudding Coffee/Tea/Milk	16th Swiss Steak w/ Tomatoes and Onions Roasted Sweet Potatoes Carrots Tropical Fruit Wheat Roll Coffee/Tea/Milk	17th Chicken Tender Sweet Potatoes Fries Salad Whole Grain Roll Rosie Applesauce Coffee/Tea/Milk	18th Birthday Dinner Chicken Fried Steak Mashed Potato / Gravy Peas & Carrots Whole Grain Roll Cake /w Fruit Coffee/Tea/Milk	19th Biscuits and Gravy Sausage Scrambled Eggs Hashbrown Apple Juice Coffee/Tea/Milk
22nd Polish Sausage On Bun Sauerkraut 3 Beans Salad Mandarin Oranges Brownies Coffee/Tea/Milk	23rd BBQ Chicken Potato Salad Coleslaw Peach Crisp Wheat Roll Coffee/Tea/Milk	24th Cooks Choice Coffee/Tea/Milk	25th Meatloaf w/ Ketchup Mashed Potatoes w/ Gravy Carrots Apricots Wheat Roll Coffee/Tea/Milk	26th Italian Chicken w/ Roasted Potatoes Dark Green Leafy Salad Italian Blend Vegetables Tropical Fruit Whole Grain Roll Coffee/Tea/Milk
29th Spaghetti Red w/ diced pickle, onion Dark Green Leafy Salad w/ Spinach Mixed Vegetables Crackers No bake Cookie Coffee/Tea/Milk	30th Beef Enchiladas Casserole Lettuce, Tomatoes, and Onion Refried Beans Spanish Rice Pineapple Coffee/Tea/Milk	 Coffee/Tea/Milk	 Coffee/Tea/Milk	 Coffee/Tea/Milk